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Personal Information



Full Name: Afsaneh Sadooghi

Academic Ranking: Associate professor

Institutional position: Head of Nursing Department, since April 2025

Head of Educational Development Center, since 2026

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Scopus <https://www.scopus.com/authid/detail.uri?authorId=57210971574>

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Google Scholar: https://scholar.google.com/citations?user=sfTQh_kAAAAJ&hl=en

Educational Background

MSc in Medical Ethics, 2022-2025

Tehran University of Medical Sciences, Tehran, Iran.

Thesis Title: The Concept Analysis Of Discrimination In Clinical Medical Ethics and Exploring Patients' Perception Of This Concept, Score 20/20

PhD in Nursing, 2012-2016

Tehran University of Medical Sciences, Tehran, Iran.

Thesis Title: Designing and psychometric properties testing of Moral Courage Questionnaire for Nurses, Score 20/20

MSc in Nursing Management,

Tehran University of Medical Sciences, Tehran, Iran.

Thesis title: investigation the nurses motivational factors related to patients education, Score 19.72/20

BSc in Nursing,
Tehran University of Medical Sciences, Tehran, Iran.

Leadership For Change in Nursing TOT Program, 2013-2014
International Council of Nurses and World Health Organization, Tehran, Iran.

Leadership For Change in Nursing, 2011-2013
International Council of Nurses and World Health Organization, Tehran, Iran.
Project title: clinical career ladder for Iranian nurses.

Entrepreneurship in Health System TOT program, 2011
Sharif University of Technology, Tehran, Iran.

Medical Education, 2011
Tehran University of Medical Sciences, Tehran, Iran.

Working Background

Associate Professor of Nursing,
Tarbiat Modares University, Tehran, Iran, since May 2024

Visiting Researcher
Institute For Ethics And History Of Health In Society, Augsburg University, Germany, Sept. 2024 – Dec. 2024

Assistant Professor of Nursing,
Tarbiat Modares University, Tehran, Iran, Aug 2017- May 2024

Invited Assistant Professor,
University of Pitesti, Pitesti, Romania, May. 5-11, 2019.

Invited Assistant Professor,
Tehran University of Medical Sciences, Tehran, Iran, Since Aug 2017

Assistant professor of Nursing,
Tehran University of Medical Sciences, Tehran, Iran. (Jun 2016- Aug 2017)

Leadership For Change TOT
Since 2014, Tehran, Iran

Director of International Affairs Development,
Tehran University of Medical Sciences, Tehran, Iran. (Aug 2015-Aug 2017)

lecturer of Nursing,
Tehran University of Medical Sciences, Tehran, Iran. (Sept 2010-Jan 2017)

Nursing Manager,
Tehran University of Medical Sciences, Tehran, Iran. (Oct 2006-Sept 2010)

Clinical Nurse,

Tehran University of Medical Sciences, Tehran, Iran.

Grant & Reward

Erasmus Grant for staff mobility, key Action 1, University of Pitesti, Pitesti, Romania, May2019.

8th Shahid-Motahari Educational Festival, Tehran, Iran. 2015

5th Shahid-Motahari Educational Festival, Tehran, Iran 2011

Honour student in PhD comprehensive Exam, Tehran University of Medical Sciences, Tehran, Iran, 2014

Honour Nurse, Tehran University of Medical Sciences, Tehran, Iran. 2014

Professional Activity

Editor-in-Chief, Quarterly Journal of Nursing Management, since 2025

Deputy for Editor-in-Chief, Iranian Journal of Nursing Research, since 2010

Teaching Courses**For PhD student:**

Educational Management and Leadership in Nursing, since 2022

Special issues in Nursing, since 2021

Policy Making in Nursing, since 2021

For MSc student:

Policy Making in Nursing, since 2024

Nursing Management and Leadership, since 2008

Nursing Ethics and Professional Relation: since 2010

Nursing Ethics and law, since 2016

Entrepreneurship in health system: 2010-2017

Advanced Research Methodology, since 2017

Health Service Delivery Systems, since 2018

Planning, implanting, and evaluation health promotion program, 2018-2021

Strategic management and planning since 2019

Nursing management service in clinical setting, since 2020

Policy making and health economy, since 2024

Health economy, since 2020

Supervisor of Thesis & Dissertation:

PhD student:

Assessment the Nurses' Perception of Discrimination in Care, and Patient Care Quality in Critical Care Units: A sequential Explanatory Mixed-Methods Study in Iraq, PhD, 2026
Design and Validation of a National Interprofessional Clinical Guideline for Pressure Ulcer Care of Home-Based Patients, 2025, PhD

Designing and validating of a measurement for spirituality self-care among elderly, 2024-2025, PhD

Designing and validating of clinical Nurses' Perception of Discrimination during care giving measuring tool, since 2023-2025, PhD.

Designing and Validating a competency assessment tool for elderly family caregiver with stroke, since 2023, PhD.

Exploring the Process of Nurses' Exposure to Alarm Fatigue in Critical Care Units and Developing an Applied Model, since 2020-2023, PhD

Designing and psychometric evaluation of a self-compassion instrumentation for patients with multiple sclerosis, 2019-2021, PhD

The Concept Analysis of Artistic Nursing Care: A Hybrid Model, 2019-2021, PhD

MSc student:

Investigating the Relationship of Person-Job Fit and Work-Life Balance with Quality of Work Life among Emergency Department Nurses, 2026

Evaluating the effect of Nurse-Led PDCA-based Quality Improvement Program on Patient Safety Culture in Psychiatric Units, 2026

The effect of the designed professional communication skills training program on the perceived violence of the work environment and the quality of professional life of nurses, 2025, MSc

Effectiveness of spiritual self-care education on self-compassion and happiness of elderly people, in progress since 2024, MSc

Investigating the effect of Coaching leadership skills training to nursing managers on the job satisfaction and professional commitment of nurses, in progress since 2022, MSc

Investigation the relationship between nurses Caring behaviour and Self-compassion with professional quality of life during the Covid-19, 2022. MSc.

Investigating the Relationship between ethical Leadership, Job Burnout and Tendency to Leave the Service in the Operating Room in hospitals of Tehran univercities of medical sciences 2021, MSc.

Investigation of the relationship between nurses' moral sensitivity and moral climate of the Diwaniyah Teaching Hospital, Iraq in 2021, MSc, 2021

Investigation of the relationship between moral distress and moral courage among nurses in hospital of Wasit Province of Iraq in 2021, MSc

Investigating the Relationship between Self-Compassion, Emotional Responses and Coping Strategies of Nurses Working in Hospitals in Babylon Province, Iraq during the Covid-19 in 2021, MSc

Investigating the Relationship between Perceived Organizational Support and Emotional Responses and Stress Coping Strategies in the Covid-19 Crisis in Nurses Working in Tehran University of Medical Sciences Hospitals in 2021, MSc, TUMS

Investigation the effect of Meichenbaum coping with stress program training on resilience and burnout of nurses during the Covid-19, 2021, MSc

The effect of self-care program on body image and quality of life of women having mastectomy, since 2020, MSc.

The effect of scheduled program based on the theory of planned behaviour on the level of iron deficiency anemia in pregnant women, 2019-2020, MSc

The effective of Newman's system based on metabolic control nursing care program on quality of life in patients with type 2 diabetes, 2019-2020, MSc

Co-Supervisor of Thesis & Dissertation:

PhD student:

The process of Nursing Managers' Exposure to Nurses Negligence in Clinical Care Delivery and Model Presentation, 2020-2022, PhD

Designing, implementation and evaluation educational program of development of home care nurses competency, 2019-2021, PhD

Exploring the process of documentation of nursing care in hospital departments and developing an appropriate model, 2018-2020, PhD

Exploring the ethical decision making process in nursing managers: designing the applied model, 2018-2020, PhD

MSc student:

Investigating The Medical Students' Moral Courage In Clinical Courses Of Tehran University Of Medical Sciences And Associated Factors, since 2023, MSc.

Investigation the effect of designed virtual training program on nurses' self- care against COVID -19" : a quasi-experimental study, since 2021, MSc

The effect of patient and family member preparation program before surgery on outcomes after coronary artery bypass graft, TUMS, MSc, 2018-2019

Comparison of two methods of teaching (face to face & videotape) concerning basic cardiopulmonary resuscitation on knowledge and skills of teachers, MSc. 2014-2015.TUMS

Research Grant

Exploring Strategies For Developing Nurses' Moral Courage: Content Analysis, (accomplished), 2023.

Evaluation of the validity and reliability of the Persian version of the "Recovery Process Questionnaire (RPQ)" in patients with psychiatric disorders, in progress since 2022

Assessment of the relationship between mental fatigue and social responsibility of nurses caring for patients with Covid 19 in hospitals of TUMS 1400 , (accomplished), TUMS,

The efficacy of mindfulness based stress reduction program on mental well-being and quality of life in patients with COVID-19 after discharge: A Randomized Control Trial, (accomplished) 2020

Investigating the relationship between the COVID-19 Anxiety, mental wellbeing and resilience during the COVID-19 epidemic among the general population in Iran, (accomplished) ,2020,

The Challenges of Studying in PhD in Nursing: A Qualitative Study (accomplished), TUMS, 2016-2017

Concept Analysis of Moral Action in Nursing: A Hybrid model (accomplished)), TUMS, 2016

Designing and psychometric testing of a moral courage questionnaire for nurses, (accomplished)), TUMS, 2016

Assessment of Educational Environment in Nursing School of Tehran University of Medical Sciences by DREEM inventory, (accomplished)), TUMS, 2013

Nurses' Quality of Work Life and Productivity and their relationship, (accomplished), TUMS, 2008

Publication (peer review)

Sadeghigolafshani M, Sadooghiasl A, Ahmadi F, Kazemnejad A. Iranian Elderly Perception of Spiritual Self-Care: A Qualitative Content Analysis. Journal of Religion and Health. 2025 Sep 13:1-8. <https://doi.org/10.1007/s10943-025-02439-8>

Karimian A, Sadooghiasl A, Khoobi M, Mohammadi E, Kazemnejad A. Clinical Nurses' Experiences of Discrimination Against Patients: A Qualitative Study in Iran. Western Journal of Nursing Research. <https://doi.org/10.1177/01939459251352300>

Movahedi A, Sadooghiasl A, Ahmadi F, Vaismoradi M. Enhancing Personal Protection in Dealing With Nurses' Alarm Fatigue: A Prescriptive Model. In Nursing Forum 2025 (Vol. 2025, No. 1, p. 6937479). Wiley. <https://doi.org/10.1155/nuf/6937479>

Sadooghiasl A, Khalegparast S, Gooshki ES. Ethical analysis of a case of treatment refusal: respect for patients' autonomy in the context of the Iranian clinical environment. *Journal of Medical Ethics and History of Medicine*. 2024 Dec 23;17.

Zamnlou , Sadooghiasl A, Kazemnejad A. Effectiveness of a designed educational intervention on the rate of iron deficiency anemia in pregnant women: a randomized clinical trial, online published

Shirvani A, Sadooghiasl A, Kazemnejad A. The Relationship Between Self-compassion and Caring Behaviors of Nurses Working in Selected Hospitals Affiliated to Iran University of Medical Sciences During the COVID-19 Pandemic. *IJN* 2023; 36 (142) :158-171

URL: <http://ijn.iums.ac.ir/article-1-3640-en.html>

Hthelee LH, Sadooghiasl A, Kermanshahi SM. Moral distress and moral courage among Iraqi nurses during the COVID-19 pandemic: a cross-sectional study. *Journal of Medical Ethics and History of Medicine*. 2023 Dec 30;16.

Shirvani A, Sadooghiasl A, Kazemnejad A. Correlation between Professional Quality of Life and Caring Behaviors in Nurses Working During the Covid-19 Pandemic. *Health Education and Health Promotion*. 2023 Jan 10;11(1):159-65.

Salmani S, Salehpoor Emran M, Sadooghiasl A, Haghani S, Pashaeypoor S. The relationship between mental fatigue and social responsibility among nurses who provided care to patients with coronavirus disease 2019: a cross-sectional study. *BMC nursing*. 2023 Aug 10;22(1):263.

Khaleghparast S, Maleki M, Dehaki MG, Homami S, Sadooghiasl A, Mazloomzadeh S, Gooshki ES. How to approach a colleague's error: a journey from moral knowledge to moral action. *Journal of Medical Ethics and History of Medicine*. 2023;16.

Movahedi A, Sadooghiasl A, Ahmadi F, Vaismoradi M. Smart care for dealing with nurses' alarm fatigue in the intensive care unit. *Journal of Nursing Scholarship*. 2023 Jul;55(4):825-33.

Movahedi A, Sadooghiasl A, Ahmadi F, Vaismoradi M. A grounded theory study of alarm fatigue among nurses in intensive care units. *Aust Crit Care*. 2023 Nov;36(6):980-988. doi: 10.1016/j.aucc.2022.12.004.

Design and evaluation of self-compassion scale in Iranian Patients with multiple sclerosis, health education and health promotion, 10(4), 779-789-2022.

Rahimi, R., Fathian, A., Khoundabi, B., Sadooghiasl, A. The use of mobile health applications for professional purposes by nurses during the COVID-19 pandemic, 2022, *HAYAT*, 28(1), pp. 14-27

A Sadooghiasl, H Rashki Ghalenow, K Mahinfar, S Sadat Hashemi
The effectiveness of mindfulness based stress reduction program in improving mental well-being of patients with covid-19: a randomised controlled trials, *indian journal of critical care medicine*, 2022:10.5005/jp-journals-1007-24164

Rashki Ghalenow H, Sadooghi Asl A, Pormasoumi H. Persistent hiccups as an atypical presentation of covid-19: a brief report. *Tehran University Medical Journal TUMS Publications*. 2022 Jan 10;79(11):904-7.

Khodayarimotlagh Z, Ahmadi F, Sadooghiasl A, Vaismoradi M. Professional protection as the strategy of nurse managers to deal with nursing negligence. *International Nursing Review*. 2022 Jan 20.

Babaii A, Mohammadi E, Sadooghiasl A. Artistic nursing care: Rodgers' evolutionary concept analysis. *Nursing Practice Today*. 2022;9(2)

Roshanzadeh M, Vanaki Z, Sadooghiasl A, Tajabadi A, Mohammadi S. Explaining Courage in Ethical Decision-making by Nursing Managers: A Qualitative Content Analysis. *Journal of Holistic Nursing And Midwifery*. 2021 Sep 10;31(4):254-62.

Babaii A, Mohammadi E, Sadooghiasl A. The Meaning of the Empathetic Nurse–Patient Communication: A Qualitative Study. *Journal of Patient Experience*. 2021 Nov;8:23743735211056432.

Mahinfar K, Sadooghiasl A, Kazemnejad A. The effect of self-care program on quality of life of women with Breast Cancer having mastectomy. *Iranian Journal of Nursing Research*. 2021; 16(2): 11-22

Dahmardeh H, Sadooghiasl A, Mohammadi E, Kazemnejad A. The experiences of patients with multiple sclerosis of self-compassion: A qualitative content analysis, *Bio medicine*, 2021, Accepted for publication

Dahmardeh H, Sadooghiasl A, Mohammadi E, Kazemnejad A. Correlation between self-esteem and self-compassion in patients with multiple sclerosis – a cross-sectional study. *Cesk Slov Neurol N* 2021; 84/117(2): 1–5. doi: 10.48095/cccsnn20211.

Ebadi A, Sadooghiasl A, Parvizy S, Moral courage of nurses and related factors, *Iranian Journal of Nursing Research*, 2020, 15 (2),

Salisu W , Sadooghiasl A, Yakubu I, Abdul-Rashid, H., Mohammed, S, The experiences of nurses and midwives regarding nursing education in Ghana: A qualitative content analysis. *Nurse Education Today*, 2020, 92(104507)

Yarahmadi S, Zarei F, Sadooghiasl A, Jeong S, The Prevalence of Internet Addiction and Its Associated Factors Among Iranian Adults, *Iranian Rehabilitation Journal*, 2020, 18 (2), 6-6

Roshanzadeh M, Vanaki Z, Sadooghiasl A, Sensitivity in ethical decision-making: The experiences of nurse managers, *Nursing ethics*, August 2019,
<https://doi.org/10.1177/0969733019864146>

Tjabadi A, Ahmadi F, Sadooghiasl A, Vaismoradi M. Unsafe nursing documentation: A qualitative content analysis, *Nursing ethics*, 2019, Sept.
<https://doi.org/10.1177/0969733019871682>

Taherkhani E, Sadooghiasl A, Houshmand A, Karbord A A. Comparison of two educational methods of Basic Life Support including face to face and Film among teachers. DSME. 2020; 7(1) 41-51. URL: <http://dsme.hums.ac.ir/article-1-210-en.html>

Ghofrani-kelishami F, Sadooghiasl A, Izadi A, MohamadkhaniGhiasvand A, Jahani R, Nasiri M. The Relationship between Self-Confidence of Nursing Students and their Attitude towards a Nursing Career. IJNR. 2018; 12 (6) :58-64
URL: <http://ijnr.ir/article-1-1909-en.html>

Sadooghiasl A, Parvizi S, Ebadi Abbas, Concept analysis of moral courage in nursing: A hybrid model, Nursing Ethics, 2018 25(1), 6-19, <https://doi.org/10.1177/0969733016638146>

Sadat-Aghahosseini S, Navab E, and Sadooghiasl A,. (2016) “A comparative study on curriculum of geriatric nursing master’s degree in Iran and Ireland”, Nursing Practice Today, 3(1), 19-25.
<http://npt.tums.ac.ir/index.php/npt/article/view/124>

Imanipour M, Sadooghiasl A, Ghiyasvandian S, Haghani H. Evaluating the Educational Environment of a Nursing School by Using the DREEM Inventory, Global Journal of Health Science, 7(4),2015

Sadooghiasl A, Salsali M. Nursing knowledge development in the age of postmodernism. Iranian Journal of Nursing Research. 2014; 9 (2) :38-45
URL: <http://ijnr.ir/article-1-1355-en.html>

Joolaee S, Sadooghiasl A, GhiyasvandianS, Teaching Ethics to Nursing Student, Iranian Journal of Medical Ethics and History of Medicine, 5(3), 2012

Dehghan-nayeri N, Negarandeh R, Bahrani N, Sadooghiasl A. Conflict Management among Clinical Nurses. Hayat. 2010; 16 (2) :55-63
URL: <http://hayat.tums.ac.ir/article-1-89-en.html>

Toloei M, Dehghan-nayeri N, Faghihzadeh S, Sadooghiasl A. The nurses’ motivating factors in relation to patient training. Hayat. 2006; 12 (2) :43-51 URL: <http://hayat.tums.ac.ir/article-1-210-en.html>

Toloei M, Dehghan-nayeri N, Sadooghiasl A. The Process of Patient’s Education, Nursing Faculty Educational Journal, 6(54), 2006

Toloei M, Sadooghiasl A, The Essential of Patients education, Nursing Faculty Educational Journal, 5(50), 2005.

Conference paper

Sadooghiasl A, Ghofrani-kelishami F, Salmani S, Noorali S, Student-Teacher non-Professional Relationship: A qualitative content analysis’ accepted at the 8th International Nurse Education Conference (NETNEP). 26-29 April 2020, Barcelona, Spain.

The perspectives of nurses on nursing education in Ghana: a qualitative content analysis' accepted at the 8th International Nurse Education Conference (NETNEP). 26-29 April 2020, Barcelona, Spain.

ICNE 13th International nursing ethics conference, Discussing movies with undergraduate nursing students: An interactive approach for nursing ethics, 4-6 October 2012, Izmir, Turkey, (Abstract book).

5th international conference nursing management, "motivating factors related to patient education among Iranian nurses" 17-19 November 2011, Antalya, turkey, (Abstract book).

NETNEP2010 (Nursing education conference), "Iranian Nursing Students Experiences in Clinical Field. 11-14 April 2010, Sydney, Australia, (Abstract book).

2nd International Conference on Ethics Education (IAEE), teaching nursing ethics: An experiences from Iran, Ankara, Turkey, 21-23 May 2014, (Abstract book)

11th Asia Pacific Medical Education Conference (APMEC), Assessment of Nursing Educational Environment By Using DREEM, Singapore, 15 - 19 January 2014, (Abstract book).

International care ethics observatory, A Concept Analysis of Moral Courage in Nursing; Hybrid Model', Surrey, United Kingdom, 17-18 July 2015, (Abstract book).

books

Professionalism in Nursing: A clinical approaches. Persian. Heidari Publisher, 2019,

Measurement in Nursing and Health Research, Persian, Publisher: Heidari Publisher, 2016, Translation

Language Proficiency

Persian, Native

English, Good

Turkish, Good

Arabic, Poor

Deutsch, Poor

Reviewer Of Scientific Journals

Clinical Nursing Research

Iranian Journal Of Medical Ethics And History Of Medicine

Journal Of Medical Ethics And History Of Medicine

Collegian Journal

Babali Nursing Research

Nursing Ethics

Nursing Practice Today

Iranian Journal Of Psychiatric And Behavioral Sciences

Iranian Journal Of Nursing Research

Iranian Journal Of Systematic Review In Medical Sciences

Iran Journal Of Nursing

Quarterly Journal Of Nursing Management

Editorial & Board Member Of Scientific Journals

Babali Nursing Research, since 2020

Quarterly Journal of Nursing Management, since 2018

Iranian Journal of Nursing Research, since 2011