

Personal Information

First Name: Alireza

Last Name: Hidarnia

Group: Professor ,Health Education Dept, Faculty of Medical Science

Address: Department of Health Education, Faculty of Medical Sciences, Tarbiat Modares University, Al-Ahmad & Chamran Cross, Tehran, Iran

Date of Birth: 23/July/1957

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Courses Experience

- 1- Health School
- 2- Family Health
- 3- Research Method
- 4- Social Psychology and Health
- 5- Communication and Health Education
- 6- Education Technology
- 1- Planning in health education
- 2- Psychology of behavioral health

Education History

- 1- B.Sc. (1979): Psychology, Chamran University, Iran
- 2- M.Sc. (1987): Health Education, Tarbiat Modares University, Iran
- 3- Ph.D. (1998): Health Education, Tarbiat Modares University, Iran

Research of Interests

- 1- Anemi Deficiency
- 2- Health Promotion In Disease & Health Education
- 3- Communication in Health education
- 4- Family Planning
- 7- Group Discussion
- 1- Mental Health

Professional and Academic/Scientific Experiences

- 1- 1978-1980: Military Service & Instructor in General Physics, Iranian NAVY School, Rasht, Iran
- 2- 1980-1981: Deputy Manager of the Commerce Department in Jihad Ministry, in Yasog Province I.R .Iran
- 3- 1983-1989: Director of the student Center of Medical Science In Tarbiat Modares Tehran, Iran
- 4- 1989-1994: Instructor in Health Education (M.Sc.), Tarbiat Modares University, Tehran, Iran
- 5- 1999-2000: Research Vice-Dean of the Faculty of Medical Sciences, Tarbiat Modares University ,Tehran, Iran
- 6- 1996-2003: Head of the Department of Health Education ,Faculty of Medical Sciences, Tarbiat Modares University, Tehran ,Iran
- 7- 1999- Present: Lecturer (Assistant Professor) in Health Education (M.Sc. & Ph.D.), Faculty of Medical Sciences, Tarbiat Modares University ,Tehran, Iran
- 8- 1999- Present: Dean of Chabahar Center Researcher in Tarbiat Modares University Editorial

Board of Journal

- 1- Tarbiat Modarres University
- 2- Iranian Journal of Medical Sciences
- 3- Iranian Medical Journal (Kousar)
- 4- Daneshvar
- 5- Journal of Hakim

Books

- 1- communication in health education
- 2- Foundation of health education

Published articles

- 1- Haghghi Fa, Hidarnia Al, Aghamolaei h, Influence of oral and dental health education on health behaviors of boy students in guidance schools. Dental journal of medical science, summer1997, 1(2):45-52
- 2- Hidarnia Al, Amiri p, Parvin M, Kimiagar M, Desighnation of evaluation program in order to decrease iron deficiency anemia among adolescent girls, Modares Journal, winter 2003, 1-8.
- 3- Hosseinzadeh H, H, Hidarnia Al ,Kazemnegad A, An analysis of the effect of planned health education on family planning by behaviors in women in Chcbahar village 2000, Modares Journal ,Winter2003, 4(2), 123-132
- 4- Mazlomi S,Niknami Sh,Ghofranipour Ph,Javadian Az,Faghihzadeh So,Hidarnia Al,Knowledge,Attitude and mothers practice of Lishmania in endemic area in Yazd city,summer1997,2(7),33-39.
- 5- Hidarnia Al,Babaei Gh,Alikhani Ka,A study of the educational effects of breast feeding rate in employee and unemployed mothers Zanzan Journal Medical Science, summer 1996, 5(32), p: 32-39.

- 6- Rostami A, Hidarnia Al, Mohammadalizadeh Ms, Faghihzadeh So, The Knowledge Attitude and health Behaviors of Rural women regarding Malaria in rural communities of Kehnuj, Kerman Journal
- 7- Hafezi A, Hidarnia Al, Siadati M, Kimiagar Sm, Survey and comparison of methods of drug therapy Hejamat and education therapy in terms of decreasing the the lipid contents of blood. Journal of health education, Spring 2004, 1 (3), 25-33.
- 8- Hidarnia Al, Faghihzadeh So, Asgary He, Affect of combination method of health education on children acute respiratory infection in two rural in central privance, Daneshvar Journal, summer 1998, 5(20), 9-13
- 9- Zakerin Ma, Kazemnegad Ka, Hidarnia Al, Survey of behavior parents on nocturnal enuresis in children, Modares Journal, spring 2000, 3(1), 15-19.
- 10- Baghian Mo, Shafiei Fr, Hidarnia Al, Babaei Gh, Afkhami Mo, Effect of intervention decrease in (HBA1-C) in diabetic disease, Yazd Journal, summer 1999, 8(2), 46-50.
- 11- Sam sh, Hidarnia Al, Pourghasem Mo, The effect of physical health instruction in prevention of postural scoliosis in elementary school students of Tonekabon city, Babol University of Medical Sciences Journal, Spring 1999, 1(2), 25-31.
- 12- Hidarnia Al, Jalili Za, Dabiri Sh, Farahmandnia Za, Mohammadalizadeh Sa, Survey iron deficiency anemia prevalence in children under five years old in Kerman city, Journal of Kerman University of Medical science, 1999, 6(3):1-7.
- 13- Ramazankhani Al, Hidarnia Al, Ghofranipour Fa, Babaei Gh, Smoking prevalence in a Military force and adolescence, Shahead Journal in medical science, Spring 1998, 6(33), 53-58.
- 14- Tavosi Ma, Hidarnia Al, Affect of Hidarnia health education on men participate in family planning, Daneshvar Journal, 1990, 8(30), 59-65.
- 15- Baghian Mo, Shafiei Fr, Hidarnia AL, Afkhami Mo, A survey on the demographics and rate of glicatedhemoglobin in diabetic patients in Yazd city, 1999, 7(4), 27-32.
- 16- Karimzadeh Ka, Hidarnia Al, Child to Child-A new Approach to health education, Armaghan Danesh Journal, Spring 1999, 5(17), 9-13.
- 17- 17- Rahnevard Za, Hidarnia Al, Babaei Gh, Mahmodi Ma, Khalkhali Ha, The survey of Affecting Factors on unwanted children in the women visiting health centers, The journal of faculty of medicine, 2001, 59(5), 11-16.
- 18- 18- Hidarnia Al, Shafiei Fr, Faghihzadeh So, Aproprate education for decreases of cardiovascular disease, Journal of cardiovascular diseases, 1990, 12:694-698.
- 19- 19- Hidarnia Al, Rahnevard Za, Babaei Gh, Mahmodi Ma, The impact of socio-economic on the family frequency growth of Tehran-Iran in 2000, The Journal of world health, 2000,
- 20- Rezaei Be, Hidarnia Al, Affect of health education on lipid blood level in hyperlipidemi diseases, Illam Journal in medicine, winter 1999, 8(24): 20-28.
- 21- 21- Rezaei Be, Hidarnia Al, Affect of health education on cardiovascular risk factors, Medicine Journal, Spring 1990, 1(2): 9-13.
- 22- Zakerin Ma, Shafiei Fr, Hidarnia Al, A survey of intervention treatment in nocturnal enuresis, The Journal of Beheshti University, Fall 2002, summer 2001, 26(2).
- 23- Kamali Mo, Hidarnia Al, Abrahimi Es, Faghihzadeh So, The effect of health belief model on posture of Tehran secondary school students, The Journal of Kosar, 1990.
- 24- Sharify Gh, Hidarnia Al, Dalimi Ab, Ghofranipour Fa, Effect of health education in decrease intestinal parasite with precede model, winter 2001, 9(4), 75-80.
- 25- Zakerin Ma, Shafiei Fr, Hidarnia Al, Faghihzadeh So, Drug terapy and educational techniques in the treatment of childrens enuresis, Andesh Va Raftar Journal, winter 2000, 3(5): 47-52.
- 26- Alhani Fa, Niknami Sh, Hidarnia Al, A survey of the Affecting Factors Women Who Wanting An Extra Child In Tehran In 1377, The Journal Of Daneshvar, Summer 2003, 9(46), 9-18.

- 27- Rahnevard Za, Hidarnia Al, Babaei Gh, Mahmodi Ma, Khalkhali Ha, A Survey Of The Affecting Factors Women Who Wanting An Extra Child in Tehran in 1377. The Journal Of Daneshvar, Summer 2003, 9(46), 47-52.
- 28- Babaei Gh, Hidarnia Al, Sedaghat Mr, Laboratory Efficacy Of Protection Rate Of Torn Treated With Tree Dosages Pyrethoride Against Anophels Culicifaciase (IND-ST), Pakistan Journal of Biological Sciences 2004 7
- 29- Ghaffari M, Hidarnia Al, Yadegari Mh, Kazemnejad a, Affect To Health Education Program On Decreasing Of Tina Capitals In Chabahar Primary schools, Daneshvar journal jul 2004, 11(50) 55-63.
- 30- Vanaki Z, Parsa Yekta Z, Kazemnejad Al, Interpretation Of Support for Canser Patients under Chemotherapy: A Quality Research, Andisheh Va Raftar Journal, Summer. 2003, 9(1): 53-61.
- 31- Karimi M, Niknami Sh, Hidarnia Al, Ramazankhani A, Effect Of Health Education Program On The AIDS Preventive Behavior In Prisoners, The journal of Qazvin Uni, Spring 2004, 30, 41-46.
- 32- Morowati M, Ghofranipour Fa, Hidarnia Al, Babaei Gh, , Perceived Religion Support Of Health Promoting Behaviors and Health Promoting Behaviors Status Among Elderly (65 Years and above) In Yazd, Shahid Sadoghi University Of Medical sciences, Spring 2005, 9(1): 21-29.
- 33- Hidarnia A, Dehdari t, Ghofranipour F, Kazemnejad A, Heidarnia Mo. The effect of health education on health related quality in patients with coronary bypass surgery. Medical journal of the Islamic republic of iran. Feb 2005. no 4. vol 18. 319-326.
- 34- Hashemifard T, Niknami Sh, Hidarnia Al, dehdari T. Investigation the stability health education on quality of life in patients undergoing coronary artery bypass surgery in Shahid Rajaei Hospital in Tehran in 2003. Journal of health education. Spring 2004. 1(3): 33-41.
- 35- Babaei G, Hidarnia A, Sedaghati M. Laboratory of protection rate of torn nets treated with tree dosages pyrethroide against anopheles culicifacies. Pakistan Journal of biological sciences a semi – monthly publication. Spr 2003. No 181.
- 36- Lamieian M, Hidarnia A, Ahmadi F, Faghihzadeh S. World health organization journal. Agust 2005. No: 215/05
- 37- Allahverdipour H, Hidarnia A, Kazemnejad A, Azadfallah. The status of self-control and its relation to drug abuse
- 38- related behaviour among male high school students. Social behavior and personality. 2006. No: 6. Vol: 34.
- 39- Bastani F, Hidarnia A, Kazemnejad A, vafaei M, Kashani M. Affect of relaxation on pregnant women stress from self control theory. Behavior and attitude journal. Summer 2006. No: 45.
- 40- Morowati M, Ghofranipour F, Hidarnia A. Self efficacy and health promotion behaviors of older adults in Iran. Social behavior and personality journal. 2006. Vol: 34. No: 8.
- 41- Bastani F, Hidarnia A, Kazemnejad A, vafaei M, Kashani M. A randomized controlled trial of the effects of applied relaxation training on reducing anxiety and perceived stress in pregnant women. Jul/Agu 2005. 4(50). e36-41.
- 42- Document Effects of a theory based intervention on physical activity among female employees: A quasi- experimental study ; Volume 7, Issue 2, June 2016, Article number e31534, 9p
- 43- Adolescent girls eating behaviors about calcium-rich foods ; Volume 11, Issue 3, 2016, Pages 61-66 - International Journal of Tropical Medicine
- 44- The effect of an educational program based on health belief model on preventing osteoporosis in women ; Volume 2015, Issue NOVEMBER, 24 November 2015- International Journal of Preventive Medicine
- 45- Predictors of physical activity among adolescent girl students based on the social cognitive theory Volume 15, Issue 4, Autumn 2015, Pages 223-227 - Journal of Research in Health Sciences

- 46- Predicting tobacco smoking among male adolescents in Hamadan City, West of Iran in 2014: An application of the Prototype Willingness Model ; Volume 15, Issue 2, 1 July 2015, Pages 113-118 - Journal of Research in Health Sciences
- 47- The effect of a prevention program based on health belief model on osteoporosis ; Volume 15, 2015, 7p - Journal of Research in Health Sciences
- 48- Effect of educational program on osteoporosis preventive behaviors in women over 40 years old referring to Iran rheumatism center in Tehran ; Volume 20, Issue 4, 2015, Pages 12-25 - Scientific Journal of Kurdistan University of Medical Sciences
- 49- Effect of positive thinking intervention on the nurses' job stress ; Volume 31, Issue 7, 2015, Pages 1495-1500 - Acta Medica Mediterranea
- 50- Farsi version of the mammography self-efficacy scale for Iranian women ; Volume 38, Issue 6, 20 October 2015, Pages 484-489 - Cancer Nursing
- 51- Substance use avoidance among Iranian male adolescents: A comparison of three versions of the theory of reasoned action; Volume 27, Issue 3, 1 August 2015, Pages 329-334 - International Journal of Adolescent Medicine and Health
- 52- Effective intervention of self-care on glycaemia control in patients with type 2 diabetes ; Volume 16, Issue 12, 18 December 2014, Article number e8311, 6p - Iranian Red Crescent Medical Journal
- 53- Brushing behavior among young adolescents: Does perceived severity matter ; Volume 14, Issue 1, 8 January 2014, Article number 8 - BMC Public Health
- 54- Seat-belt use among drivers and front passengers: An observational study from the Islamic Republic of Iran ; Volume 20, Issue 8, August 2014, Pages 491-497 - Eastern Mediterranean Health Journal
- 55- Mode of acceptance and improve standards for control of hepatitis B virus infection by health care workers ; Volume 16, Issue 1, 1 September 2014, Pages 67-75 - Koomesh
- 56- Mode of acceptance and improve standards for control of hepatitis B virus infection by health care workers ; Volume 16, Issue 1, 1 September 2014, Pages 67-75 - Koomesh
- 57- Psychometric measure continuous variables preventive behaviors of hepatitis B virus infection in health care workers ; Volume 24, Issue 109, 2014, Pages 71-82 - Journal of Mazandaran University of Medical Sciences
- 58- The transtheoretical model (TTM) questionnaire for smoking cessation: Psychometric properties of the Iranian version; Volume 13, Issue 1, 17 December 2013, Article number 1186- BMC Public Health
- 59- The status of dental caries and some acting factors in a sample of Iranian women with pregnancy ; Volume 9, Issue 4, 2013, Pages 190-197 -World Journal of Medical Sciences
- 60- Refusal self efficacy, self esteem, smoking refusal skills and water pipe (Hookah) smoking among Iranian male adolescents ; Volume 14, Issue 12, 2013, Pages 7283-7288- Asian Pacific Journal of Cancer Prevention
- 61- Development of "intention to use oral contraception" questionnaire based on Theory of Planned Behavior in women using withdrawal method - Volume 19, Issue 2, 18 November 2013, Pages 79-92 - HAYAT
- 62- Factors predicting mood changes in oral contraceptive pill users - Volume 10, Issue 1, 2013, Article number 45 -Reproductive Health
- 63- Theoretical study of the endogenous production of n-13 in 115 kJ plasma focus device using methane gas - Volume 32, Issue 4, August 2013, Pages 480-487 - Journal of Fusion Energy
- 64- Self-reported oral hygiene habits and self-care in the oral health in sample of Iranian women during pregnancy - Volume 22, Issue 5, 2013, Pages 647-656 - World Applied Sciences Journal
- 65- Effects of educational programs on DMFT plaque index and performance of pregnant women -

- 69- Volume 4, Issue 5, September 2013, Pages 62-72 - Journal of Clinical and Analytical Medicine
- 70- Predicting exercise behaviour in Iranian college students: Utility of an integrated model of health
- 71- behaviour based on the transtheoretical model and self-determination theory - Volume 72, Issue 1, January 2013, Pages 56-69 - Health Education Journal
- 72- Effects of educational programs on DMFT plaque index and performance of pregnant women -
- 73- Volume 23, Issue 100, 2013, Pages 62-72 - Journal of Mazandaran University of Medical Sciences
- 74- Prevalence and determinants of male adolescents' smoking in Iran: An explanation based on the
- 75- theory of planned behavior - Volume 15, Issue 3, 2013 - Iranian Red Crescent Medical Journal
- 76- Users of withdrawal method in the Islamic Republic of Iran: Are they intending to use oral
- 77- contraceptives? Applying the theory of planned behavior - Volume 19, Issue 9, September 2013, Pages 782-787 - Eastern Mediterranean Health Journal
- 78- Survey of believe perceived in women with positive family history of breast cancer and its
- 79- prevention methods - Volume 15, Issue 35, January 2013, Pages 17-24 - Iranian Journal of Obstetrics, Gynecology and Infertility
- 80- Application of the theory of planned behavior to predict drug abuse related behaviors among
- 81- adolescents - Volume 12, Issue 1, 2012, Pages 54-60 - Journal of Research in Health Sciences
- 82- Why Iranian adolescents do not brush their teeth: A qualitative study - Volume 10, Issue 2, May 2012, Pages 86-90 - International Journal of Dental Hygiene
- 83- Development and psychometrics of an Interpersonal Communication Skills Scale (A.S.M.A) among Zanjan Health Volunteers - Volume 18, Issue 1, 2012 - HAYAT
- 84- Effect of communication skills training on health belief model constructs about aids in zanjan health volunteers (2010-11) Volume 19, Issue 77, 2011, Page 9 - Journal of Zanjan University of Medical Sciences and Health Services
- 85- Effect of health promotion model (HPM) based education on physical activity in diabetic women - Volume 13, Issue 4, 2011 - Iranian Journal of Endocrinology and Metabolism
- 86- Can quality of life questionnaires be used in diabetics to assess the relation between HbA1c and patients' domain aspects? - Volume 49, Issue 4, 2011, Pages 246-251 - Acta medica Iranica
- 87- The status of dental caries and related factors in a sample of Iranian adolescents - Volume 16, Issue 6, September 2011, Pages 822-827 - Medicina Oral, Patologia Oral y Cirugia Bucal
- 88- Validity and reliability of the social support scale for exercise behavior in diabetic women Volume 23, Issue 5, September 2011, Pages 730-741 Asia-Pacific Journal of Public Health
- 89- Self-care education through coping style for patients after heart surgery - Volume 29, Issue 135, June 2011 Journal of Isfahan Medical School
- 90- Stopping insulin and achieving a good metabolic control in a heavy drinker five months after
- 91- stopping alcohol Volume 49, Issue 2, 2011, Pages 122-123 Acta Medica Iranica
- 92- Stages of changes for physical activity among iranian adolescent girls Volume 53, May 2011, Pages 1146-1148 World Academy of Science, Engineering and Technology
- 93- The Iranian version of the exercise self-efficacy scale (ESES): Factor structure, internal consistency and construct validity Volume 70, Issue 1, March 2011, Pages 21-31 Health Education Journal
- 94- Withdrawal users' experiences of and attitudes to contraceptive methods: A study from Eastern district of Tehran, Iran - Volume 10, 2010, Article number 779-BMC Public Health
- 95- Why Iranian married women use withdrawal instead of oral contraceptives? A qualitative study fromIran- Volume 10, 2010, Article number 289-BMC Public Health
- 96- The effect of intervention on the implementation of an incident reporting system in Isfahan Steel Company Volume 12, Issue 5, 2010, Pages 529-534- Iranian Red Crescent Medical Journal

- 97- 44eness of skill-based substance abuse intervention among male adolescents in an islamic country: Case of the islamic republic of Iran-Volume 39, Issue 2, 2009, Pages 211-222-Journal of Drug Education
- 98- Effects of progressive muscular relaxation training on quality of life in anxious patients aftercoronary artery bypass graft surgery Volume 129, Issue 5, 2009, Pages 603-608 Indian Journal of Medical Research
- 99- Self-efficacy: Does it predict the effectiveness of contraceptive use in Iranian women? Volume 15, Issue 5, September 2009, Pages 1254-1262 –planned behavior Volume 28, Issue 2, March, 2009, Pages 205-214European Journal of Scientific Research
- 100- Assessment of the effects of processes of change on resistance skills against substance abuse amon petrochemical workers in assaluyeh plant in Iran Volume 28, Issue 4, March, 2009, Pages 502- 513European Journal of Scientific Research
- 101- Are perceived behavioral control and self-efficacy distinct constructs? Volume 30, Issue 1, May 2009, Pages 146-152European Journal of Scientific Research
- 102- Amidi M.Hidarnia A.Ghofranipour F.Hajizadeh E.Occupational Injuries in Isfahan Company During 2001-2006 Euro Journals.2009.no 4.vol 31.p 546-552
- 103- Hidarnia A.Mohammadi E.Niknami S.Variani A. The Prediction of adoption with correct sitting postural habit:An Application of the theory plannd behavior.EURO Journal .2009.no2.vol 28.p 205-214
- 104- Akbari M.NiknamiS.Ahmadi F.Babaei G.Hidarnia A. smoking initiation among iranian adolesents:a qualitative study.Emro WHO Journal.2008.no 6.vol 14.p 1290-1300.
- 105- Dehdari T.Hidarnia A.Ramazankhani A.Sadeghiani S.Ghofranipor F.Babaei G.Etemadi S. Anxiety, self efficacy expectation and social support in patient after coronary angioplasty and coronary bypass2008.no 4.vol 37.p: 119-125.
- 106- Jahanlo s.Ghofranipor F.Kimiagar M.Vafaei M.Sobhani A. Hidarnia A. stopping insulin and achieving a good metabolic control in a heavy drinker 5 months ater stopping alcohol.Acta medica Iranica Journal 2008.no 1.vol 12.p.
- 107- Moradi M.Hidarnia A.Babaei G.Mafi A.Assesment of the Effect of processes of change on resistance skills
- 108- against sustance abuse among petrochemical workers in assaluyeh plant in iran.EJSR Journal 2008.no 4.vol 28.p 502-513.
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- 110- Medica Iranica Journal .2008
- 111- Khorsandi M.Ghofranipor F.Hidarnia A.Faghihzadeh s.Akbarzadeh A.Vafaei M. Iranian Version of
- 112- childrenself-efficasy inventory.The Journal Of Cincial Nursing.2008.no1111.vol 10.p 2828-2846.
- 113- Peiman N.Hidarnia A.Ghofranipor F.Kazemnejad A.Okly .Hodaei G. Self Efficacy:Does the effictievness of contraceptive use in iranian women.2008.no 6.vol 30 p.
- 114- Pirasteh A.Hidarnia A.Asghari A.Faghihzadeh S.Ghofranipor F • .Development and validation of psychosocial determinants measurescof physicalactivity among iranian adolesent girls.BMC PublicHealth Journal.2008.no4.vol 2.p: 201-211.
- 115- Moeini B.Shafiei F.Hidarnia A.Babaei G.Birash B.Allalverdipor H. Perceived stress,self efficacy and its relations to psychological well being status in iranian male high school students.Social Behavior& Personality Journal.2008.no2.vol36. p: 257-267.

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- 117- Lamieian M.Hidarnia A.Ahmadi F.Faghihzadeh S.Barriers to and factors facilling breast cancer screening among Iranian .A Qualitative.World health organization journal.Agust 2007 no 5.vol 13 .P 43-51.
- 118- Allahverdipour H.Hidarnia A.Kazemnejad A.Azadfallah.The status of self-control and its relation to drug abuse related behavior among male high school students.Social behavior and personality.2006.No:6.Vol:34.
- 119- Morowati M.Ghofranipour F.Hidarnia A.Self efficacy and health promotion behaviors of older adults in Iran.Social behavior and personality journal.2006.Vol:34.No:8.
- 120- Bastani F.Hidarnia A.Kazemnejad A.vafaei M.Kashani M.Affect of relaxation on pregnant women stress from self control theory .Behavior and attitude journal .Summer 2006.No:45.
- 121- Bastani F.Hidarnia A.Montgomeri K.Vafaei M.Kazemnejad A. Does Relaxiation Education In Anxious Primigravid Iranian Women Influence Adverse Pregnancy Outcomes,A Randomized Controlled Trial.J perinat neonat Nursing.2006.no 2.vol 20.p138-146.
- 122- Karimzadeh K.Niknami S.Hidarnia A.Rahimi E.Faghihzadeh S.Vallas L .changes in self-efficact and decisional balance following an intervention ti increase consumption of calciume-rich foods.2oo6.no 8.vol.34, p: 1007-1016.
- 123- Hazavehi M.Jalili Z.Hidarnia A.Faghihzadeh S. Application of the precede model for controlling iron deficiency anemia among children aged 1-5, Kerman, Iran. 2006. no 13.vol 3.p: 222-1730.
- 124- Hidarnia A.Dehdari t.Ghofranipour F.Kazemnejad A.Heidarnia Mo.The effect of health education on health related quality in patients with coronary bypass surgery .Medical journal of the Islamic republic of iran.Feb2005.no 4.vol 18.319-326.
- 125- Bastani F.Hidarnia A.Kazemnejad A.vafaei M.Kashani M.A randomized controlled trial of the effects of applied relaxation training on reducing anxiety and perceived stress in pregnant women.Jul/Agu2005.4(50).e36-41.
- 126- Baghian m.Montgomeri k.Hidarnia A.Shafiei F.Afkhami M. Efficacy of Baznef Model in controlling of Diabetic in the city of Yazd.Iran.Indian Journal Of Community Medicine.2oo5.no 4.vol 30 p:18-22.
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- 128- Hidarnia Al, Shafiei Fr, Faghihzadeh So, Apropriate education for decreases of cardiovascular disease, Journal of cardiovascular diseases, 1990, 12:694-698.
- 129- Karimzadeh K.Niknami S.Hidarnia A.Rahimi E.Faghihzadeh S.Vallas L. A Home based, Transtheoretical Chang model designed Strenth Training Intervention To Increase Exercise To Prevent Osteoporosis in Iranian Women Aged-40. no 1093.vol.10. p: 13-22.
- 130- Abolhassani, H., Aghamohammadi, A., Abolhassani, F., Eftekhar, H., Heidarnia, M., & Rezaei, N. (2011). 3 Health Policy for Common Variable Immunodeficiency: Burden of the Disease. Journal of Investigational Allergology and Clinical Immunology, 21(6), 454.
- 131- ALAH, V. H., HEYDARNIA, A. R., KAZEMNEJAD, A., Witte, K., SHAFIEI, F., & AZAD, F. P. (2006). Applying fear appeals theory for preventing drug abuse among male high school students in Tehran.
- 132- Allahverdipour, H., Bazargan, M., Farhadinasab, A., Hidarnia, A., & Bashirian, S. (2009). Effectiveness of skill-based substance abuse intervention among male adolescents in an Islamic country: case of the Islamic Republic of Iran. Journal of drug education, 39(2), 211-222.

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- 134- Allahverdipour, H., Hidarnia, A., Kazemnejad, A., Shafii, F., Azad Fallah, P., Mirzaee, E., & Witte, K. (2005). Assessment of substance abuse behaviors in adolescents': integration of self-control into extended parallel process model. *SSU_Journals*, 13(1), 21-31.
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- 139- Barati, M., Allahverdipour, H., Hidarnia, A., & Niknami, S. (2015). Predicting tobacco smoking among male adolescents in Hamadan City, west of Iran in 2014: an application of the prototype willingness model. *Journal of research in health sciences*, 15(2), 113-118.
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Membership of Scientific Societies/Boards

- 1- Present: Graduate Member of the ISE(Institute of Health Education Medicine),France
- 2- Present: Member of the Editorial Board of Modarres Journal of Medical Sciences, Faculty of Medical Sciences, Tarbiat Modarres University, Tehran Iran
- 3- Present: Member of the Research Postgraduate Committee of the Faculty of Medical Sciences of Tarbiat Modarres University, Tehran, Iran

List of Papers Presented in Congresses and Seminars

- 1- Mazlomi Sa, Javadian Az, Niknami Sh, Ghofranipour Fa, Faghihzadeh So, Hidarnia Al, Knowledge, Attitude, Practice mothers in Yazd City on Lishmania, The Iranian Congress on Infectious and Tropical Medicine, 16-20, 2000.
- 2- Hidarnia Al, Sharify, Shokravi Fa, The Survey of parasite diseases and Std, South Africa, 2-6 dec 2001.
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- 15- Ghofranipour Fa, Hidarnia Al, Presentation of health belief model in preventive of Breast Cancer, Arak Iran, Sum 1997.
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- 20- Alhani F, Hidarnia A, Niknami S, Kazemnejad A, Kimiagar M. A survey on health education on nutrition behaviors adolescent girls students. The first national congress on health education. 9-11 Dec 2003. Yazd Iran.
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Research Project Leader

- 1- A survey of Acute Respiratory Infection In student
- 2- Effect of Sclerosis in student.
- 3- Survey of health education on breast feeding
- 4- The Comparison of education methods in breast feeding
- 5- Effect of health education in Dental health in student in Tehran
- 6- The survey of health education on decreased of blood lipid level
- 7- Effect of health education in men participation in family health
- 8- Planning and designing in education of professional medicine
- 9- Effect of health education in family planning in rural areas of Chabahar city
- 10- The effect of health education in decreasing Incidence rate of malaria in Chabahar
- 11- Effect of health education on decreasing iron deficiency in student girls in Chabahar city
- 12- The effect of Health Belief Model in Malaria prevention in Kahnoj city
- 13- The effect of HBM in situation of sclerosis
- 14- The Prevention of cigarette smoking in Adolescent and military force
- 15- Effect of health education on decreasing iron deficiency in children
- 16- The survey of effective of variables on gross population rate in Tehran Iran